

List of Ministry-Funded Mental Health Services for Children/Youth in Toronto/GTA/Halton/Peel Region

Service Name	City	Phone Number	Website	Email Address
Halton Child and Youth Services	Halton Region	905-825-6000	www.halton.ca	accesshalton@halton.ca
ROCK-Reach out center for kids	Halton	1-855-416-8255	www.Rockonline.ca	oeychelp@rockonline.ca
Oakville Family Health Team	Oakville	905-827-3649	www.oakvillefht.ca	oakvillefht@oakvillefht.ca
Georgetown Youth Services	Georgetown	905-8732600	www.Haltonhills.ca	georgetown@youth.ca
Associated Youth Services of Peel	Mississauga	905-896-6535	www.aysp.ca	general@aysp.ca
Nexus Youth Services	Mississauga	905-566-1883	www.nexusyouth.ca	foryou@nexusyouth.ca
ECLYPSE	Mississauga	905-790-7707	www.rapportyouth.com	info@rapportyouth.com
Where to Start	Peel	905-278-9036	www.wheretostart.ca	info@wheretostart.ca
The Child and Parent Resource Institute	London	519-858-2774	cpri.ca	CPRI.intake@ontario.ca
Catholic Family Services of Hamilton	Hamilton	905-527-3823	cfshw.com	intake@cfshw.com
ErinoakKids Centre for treatment	Oakville, Mississauga	905-829-6776	erinoakkids.ca	communications@erinoakkids.ca
Youth Mental Health Services - CMHA	Toronto	1-800-875-6213	www.ontario.cmha.ca	info@ontario.cmha.ca
Family Service Toronto	Toronto/Etobicoke Scarborough	416-595-9230 416-595-9618	familyservicetoronto.org	sau@familyservicetoronto.org
Ontario Shores Centre for Mental Health Sciences	Whitby	1-800-341-6323 905-430-4055	www.ontarioshores.ca	centralizedreferral@ontarioshores.ca
The Hincks-Dell Crest Centre-SickKids	Toronto	416-638-1000	www.hincksdellcrest.org	mentalhealthaccess@sickkidscmh.ca
Kinark Child and Family Services	GTA	1-800-230-8533	www.kinark.on.ca	info@kinark.on.ca
The Ontario Centre for Children and Youth	Toronto	416-484-0056	www.childpsychiatry.ca	info@childpsychiatry.ca
Children's Mental Health Ontario	Ontario	416-921-2109	www.cmho.org	info@cmho.org
York Hills Centre for Children & Youth	York Region	1-888-536-7608	www.yorkhills.ca	yorkhills@yorkhills.ca
Youth link Toronto	Toronto	416-967-1773 x 200	www.youthlink.ca	info@youthlink.ca
The Royal Ottawa Mental Health Centre	Ottawa	613-722-6521	www.theroyal.ca	resourcehub@theroyal.ca
CAMH - Centre for Addiction and Mental Health	Toronto	416-535-8501	www.camh.ca	info@ontario.cmha.ca info@cmha.ca
Brant wood Centre	Brantford	519-753-2658	btwood.ca	info@brantwood.ca
Big Brothers Big Sisters of Toronto	Toronto	416-925-8981	bbbtoronto.com	infotoronto@bigbrothersbigsisters.ca
The Children's Centre - York Region	York Region	1-877-464-9675	www.york.ca/support/childrens-services	accessyork@york.ca
Tangerine Walk-in counseling	Mississauga	905-795-3530	tangerinewalkin.com	info@tangerinewalkin.ca
Family Services of Peel	Mississauga	905-453-5775	https://fspeel.org/	fsp@fspeel.org
Catholic Family Services Peel-Dufferin	Brampton	905-450-1608	www.cfspd.com	info@cfspd.com
Dufferin Children /Family Services	Orangeville	519-941-1530	https://dcafs.on.ca	centralintake@dcafs.on.ca
The Talk-in Clinic	Peel Region	519-941-1530	https://dcafs.on.ca	intake@dcafs.on.ca
The Light House – Bereavement	Oakville	905-337-2333	www.lighthousegriefsupport.org	info@lighthousegriefsupport.org
The Centre for Grief and Healing	Mississauga	905-848-4337	www.bereavedfamilies.ca	info@bereavedfamilies.ca
Indus Community Services	Mississauga	905-275-2369	www.induscs.ca	info@induscs.ca
Naseeha (Mental Health Services for Young Muslims)	Mississauga	905-890-2365	www.naseeha.org/	info@naseeha.net
Muslim Community Services	Brampton	905-790-8482	www.mcsservices.org/	info@mcsservices.org
Roots Community Services (Support for Black and Caribbean Youth)	Peel Region	905-455-678	www.rootscs.org/	office@rootscs.org
Hope For Wellness -Indigenous Helpline	Peel Region	1-855-242-3310	www.hopeforwellness.ca/	mentalhealth@coach.ca
South Asian Canadians Health and Social Services	Brampton	647-718-0786	www.sachss.org/	info.sachss@gmail.com
Punjabi Community Health Services	Mississauga	905-677-0889	https://pchs4u.com/	info@pchs4u.com
Big Brothers/Big Sisters of Peel	Peel Region	905-457-7288	https://peelyork.bigbrothersbigsisters.ca/	info.peelyork@bigbrothersbigsisters.ca
Big Brothers Big Sisters of Hamilton and Burlington	Hamilton/Burlington	(905) 525-3860	https://haltonhamilton.bigbrothersbigsisters.ca/	InfoHH@bigbrothersbigsisters.ca
Brampton Multicultural Community Centre	Brampton	905-790-8482	www.bmccentre.org	Bhavna.lamba@bmccentre.org
African Community Services of Peel	Peel Region	905-460-9514	www.africancommunityservices.com	info@africancommunityservices.com
Every Mind	Peel Region	905—796-3500	www.everymind.ca	info@everymind.ca
Associated Youth Services of Peel (AYSP)	Peel Region	905-890-5222	www.aysp.ca	general@aysp.ca
CONTACT Hamilton	Hamilton	905-570-8888	www.contacthamilton.ca	info@contacthamilton.ca

(This is a list of ministry-funded mental health services in Toronto, GTA, Halton and Peel Region. This sheet is provided for information purposes only. Information on this list is subject to change)